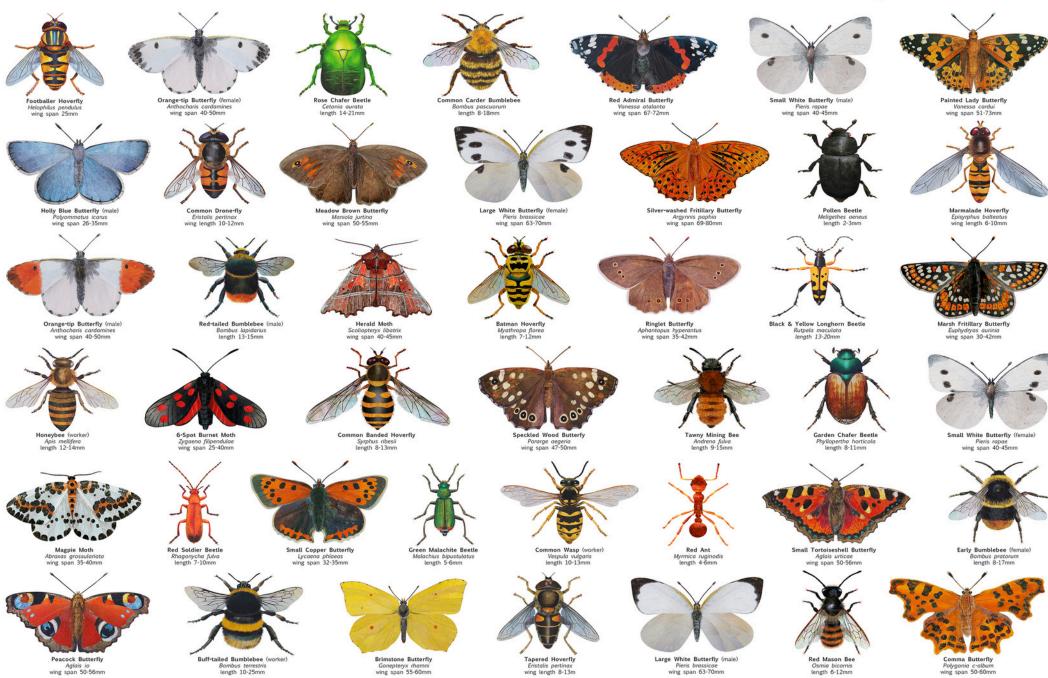
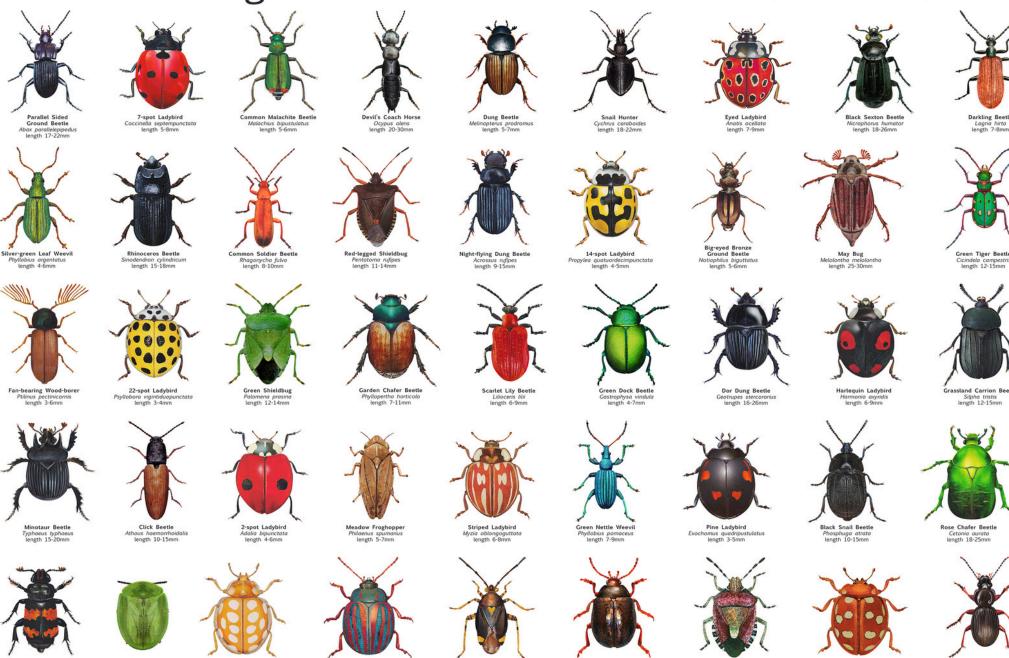
Meet the Pollinators Look at all the different local insects which pollinate flowers!





Beetles & Bugs of Northern Ireland How many species can you spot?









Cream Spot Ladybird

Hairy Shieldbug

Green Tortoise Beetle

Orange Ladybird

Black Clock Beetle

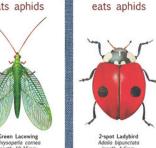
MEET NATURE'S 'PEST' CONTROL **EXPERTS**

Many of our common insects love eating slugs, snails, aphids and caterpillars. Please care for these important creatures and try to avoid using garden pesticides which harm them.













































MEET NATURE'S WASTE DISPOSAL **EXPERTS**

Do you know that an army of insects is busy cleaning and tidying; processing all kinds of waste, composting dead plants and fertizing soil. The world would be in a real mess without them.

Please help nurture these vital creatures and avoid using chemical treatments which may harm them.

























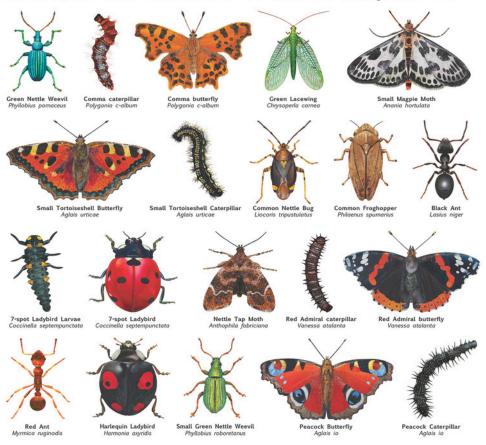






NETTLES

The Stinging Nettle may not be an eye catching plant but it's a home and vital source of food for many insects.



The new leaves of nettles are delicious when made into soup, and nettle tea has been used as a traditional cure for arthritis, back pain, eczema, asthma, hay fever and muscle pain for hundreds of years.

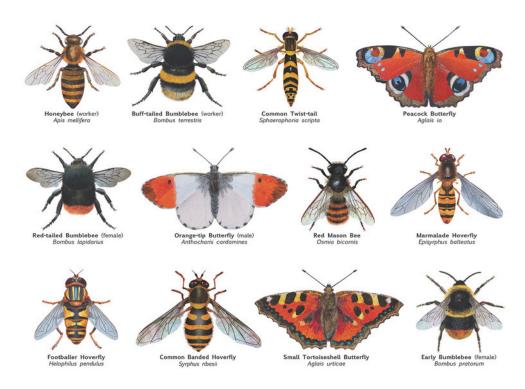
Why not help wildlife and nurture a patch of this very useful plant?





DANDELIONS

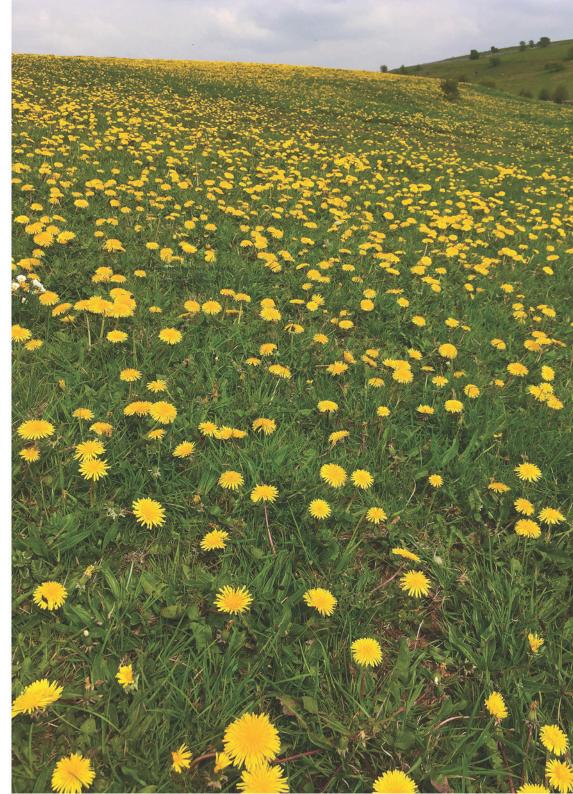
The nectar and pollen of these cheerful native wildflowers are a vital food in early Spring for many insects.



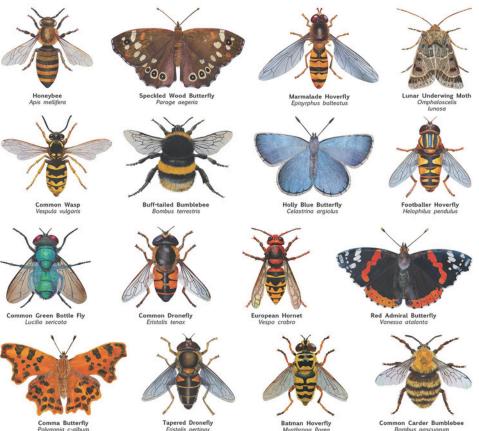
Dandelions help to fertilise top-soil. Their deep roots bring nutrients to the surface, which helps shallow-rooted plants to thrive.

Dandelion leaves are delicious when added to salads and are stuffed full of iron, calcium and potassium. They contain more vitamin C than a tomato and more vitamin A than spinach.





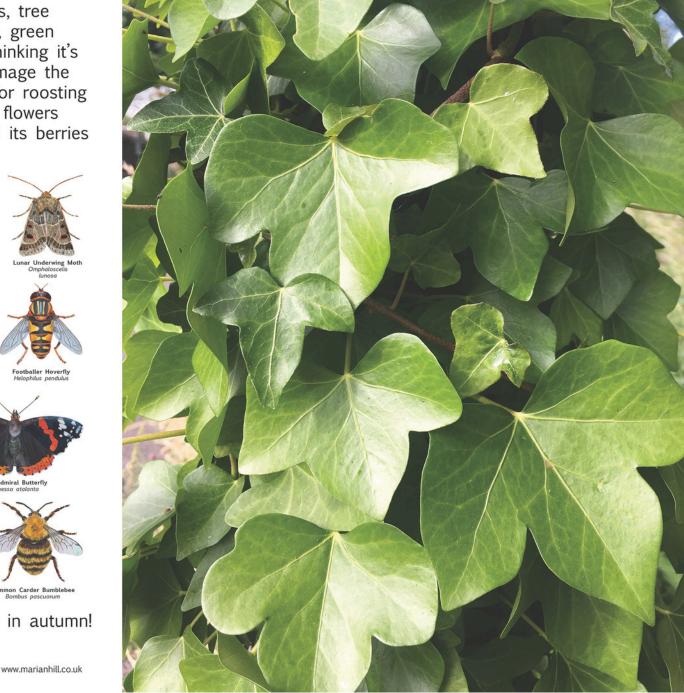
We are used to seeing ivy climbing up old walls, tree trunks and carpeting the ground with its glossy, green leaves. Many people pull down ivy mistakenly thinking it's a parasitic pest plant, but in fact it doesn't damage the plant it creeps over. Ivy offers vital protection for roosting birds and hibernating insects. Its bright autumn flowers provide valuable food for a host of insects and its berries are food for hungry birds.



Let ivy florish and watch it buzzing with insects in autumn!

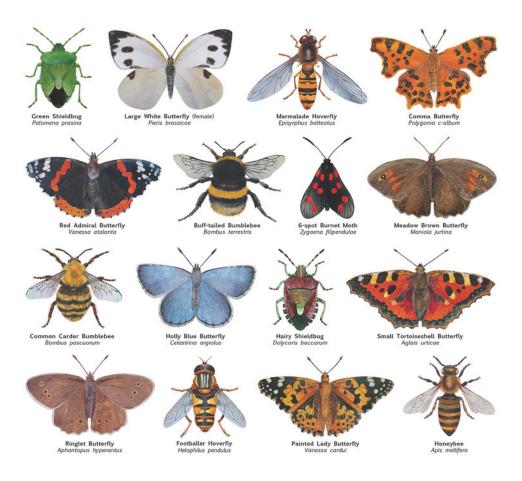


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BRAMBLES

The blackberry fruits of the bramble bush are loved by humans but also relished by many wild creatures. This plant's prickly stems give valuable protection for nesting birds and its flowers are food for many insects.



Next time you pass a bramble bush in flower, take a moment to notice how many insects are busily buzzing around it.



